



California Pacific  
Medical Center

A Sutter Health Affiliate  
With You. For Life.

# Newborn Connections

Your Resource for Pregnancy, Breastfeeding and Parenting

Beyond Medicine.

Congratulations and thank you for your interest in our classes at Newborn Connections. As a community-based, not-for-profit center, 100% of our proceeds are invested back into our programs and enable us to provide community resources such as lactation services, new family support groups, and a breast pump rental station.

Advance registration is required for all classes. Register early to ensure your place! Once your registration is received, you will be enrolled in a class based on your preference and class availability. Should one of your two choices be unavailable, we will contact you for alternative dates. Once enrolled in a class, you will receive an email confirmation followed by a hard copy in the mail. Partners are encouraged to attend! Class prices are per couple with the exception of Prenatal Yoga (for Mom only) and Expectant Fathers Only (for Dad only).

**Cancellation/Rescheduling Policy:** Newborn Connections reserves the right to cancel classes that do not meet minimum attendance requirements. Class schedule and prices are subject to change without prior notification. All classes include a \$25.00 non-refundable registration fee. If you need to cancel or reschedule, you must call us 2 weeks prior to the start of the class. Special circumstances will be considered, but please notify us as soon as possible. All refunds, if any, are issued as store credit only. Store credit may be applied towards classes, lactation consultations, pump rentals, book and video lending library, and store merchandise (nursing bras, baby clothes, etc). "No shows" will not receive any form of reimbursement.

Registrations by fax or mail only. For more information, call 415.600.BABY or email [cpmcnewborn@sutterhealth.org](mailto:cpmcnewborn@sutterhealth.org).

Complete and mail this form with your payment to:  
California Pacific Medical Center, Newborn Connections  
3698 California Street, San Francisco CA 94118

Or fax to (415) 752-0469 (credit card payment only)

Name (of mom):		Due Date:	OB/Midwife:
Address:		City/ZIP:	
Home Phone:	Work Phone:	Mobile:	
Birth Date (of mom):	Partner's Name:		
<input type="checkbox"/> Please use my email for confirmation of classes.	Email:		
<input type="checkbox"/> Please use my email for the end of class survey. Note! We respect your privacy. Your email will not be used for any purpose other than class confirmation and the survey after each class.			

Method of Payment

Check enclosed made payable to CPMC

Charge my:  Visa  MasterCard  American Express  Discover

Account #:	Exp:
Name of Card Holder:	

For faxes

Name: \_\_\_\_\_

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### ***Newborn Connections Prenatal Classes***

	Date of	1 <sup>st</sup> Choice	2nd Choice	Total Fees
Breastfeeding	\$50	_____	_____	\$ _____
Breastfeeding & Multiples	\$50	_____	_____	\$ _____
Childbirth Preparation	\$160	_____	_____	\$ _____
Childbirth Preparation Express	\$50	_____	_____	\$ _____
Childbirth Preparation E-Class	\$90	Available for 45 days after log in		\$ _____
Childbirth Preparation E-Class: Ask the Educator!	FREE	_____	_____	FREE with e-Class
Expectant Fathers Only	\$60	_____	_____	\$ _____
Hospital Tour	FREE	_____	_____	FREE
Newborn Parenting	\$90	_____	_____	\$ _____
Newborn Parenting Series	\$90	_____	_____	\$ _____
Meet the Doulas	FREE	_____	_____	FREE
Pain Relief Options: Ask the Anesthesiologist	FREE	_____	_____	FREE
Prenatal Yoga	\$85	_____	_____	\$ _____
Sibling Celebration	\$40	_____	_____	\$ _____

Name of Sibling \_\_\_\_\_ Age (3-6) \_\_\_\_\_ Gender \_\_\_\_\_  
Additional Sibling \$25 \_\_\_\_\_ \$ \_\_\_\_\_

Name of Sibling \_\_\_\_\_ Age (3-6) \_\_\_\_\_ Gender \_\_\_\_\_  
Twins, Triplets, & More! \$50 \_\_\_\_\_ \$ \_\_\_\_\_

Transition to Parenthood Series:  
I. Identity, Sex and Your Body \$40 \_\_\_\_\_ \$ \_\_\_\_\_  
II. Staying Happy as Partners  
    When You Become  
    Parents \$40 \_\_\_\_\_ \$ \_\_\_\_\_  
III. The Emotional Rollercoaster  
    after the Birth of the  
    Baby \$40 \_\_\_\_\_ \$ \_\_\_\_\_

### ***Newborn Connections also offers a wide range of support for after your baby's birth:***

It's Not Just About Breastfeeding! \$5

Ask your breastfeeding questions and more! Exchange information and ideas with other new moms! Meets Fridays from 10:00 - 11:30 am in the Newborn Connections Library located at 3698 California Street on the first floor. No registration required.

Baby Steps to Motherhood \$5

Join other new moms and discuss the joys of motherhood as well as the anxieties of adjusting to new responsibilities and changed routines. Meets Wednesdays from 11:00am - 12:30pm in the Newborn Connections Library located at 3698 California Street on the first floor. No registration required.

Latch Clinic \$25

Meet other new moms as you have your latch and positioning checked in a small group setting. Mondays from 2-3:30 pm. Space is limited. Registration required. To register, call (415) 600-6243.

Private Lactation Consultation

We recommend an individual appointment with a Lactation Consultant if you are worried about your milk supply; baby's weight gain; breast infections; have a premature baby; or other problems. Call (415) 600-6243 for breastfeeding related questions, information on lactation consultations, or to schedule an appointment. Call for price details.