

CLINICAL FACULTY

Jeff Draisin, MD is a family practice physician at the IHH Clinic and the lead physician of the IME program. Jeff is a board-certified family physician and acupuncturist who has been practicing integrative medicine for more than 20 years.

Leslie Davenport, MS, MFT is a highly regarded guided imagery practitioner, psychotherapist and author of *Healing & Transformation Through Self-Guided Imagery*. She is the co-founder of the IHH in Marin, and has served on the faculty of many Bay Area colleges. She is an Integrative Psychotherapist at the IHH Clinic and in private practice.

Juanita deSanz, MA, MFT is an Integrative Psychotherapist at the IHH Clinic and in private practice with a specialized focus working with families and children. She also works with individuals facing health issues and uses a mind-body approach to healing.

Aimee Tomczak, MA, MFT was on the core faculty of the Women and Cancer Healing Program (CPMC) and has supervised Expressive Arts Interns in grief work at Sutter VNA & Hospice. She is a graduate of the IME program. Aimee received her Master's in Integral Counseling Psychology from CIIS.

Portia Diwa's knowledge of world music, relaxed harp technique, and improvisation are the foundation for her work. She is a certified Harp Therapist through the Bedside Harp Program and has provided healing harp music at healthcare facilities for 15 years.

S.S. Sat Kartar Khalsa-Ramey, MA is Director of Hospital Chaplaincy & Clinical Pastoral Education, and an ACPE Supervisor with 25 years in healthcare chaplaincy. She is a member of the SDI Khalsa Council and Board Member of Sikh Dharma Worldwide.

Carolyn Tague, MA, CACMT is an integrative bodywork practitioner at the IHH Clinic specializing in oncology, medically frail, and Degriefing®. She is a graduate of the Institute for Conscious Bodywork and holds a Masters in East-West Psychology from CIIS.

Teresa Tellep, RN, MS, CNS is a clinical nurse specialist with over 30 years of experience in conventional and integrative medicine. She supports patients in the IHH Clinic and provides outreach for the IHH to the medical community.

William B. Stewart, MD, Medical Director, IHH

Judith M. Tolson, Director, IHH



How to Enroll

Please download an application from our website. Application fee is \$65. There is a non-refundable deposit of \$600 due upon acceptance. Program fee is \$2,800 payable in advance.

Applications are accepted in January for the year-long program beginning in September of the same year. Enrollment is limited to ensure participants receive adequate individualized attention from clinical faculty.



"We all bring the same medicine, delivered through different shapes, colors, sounds and movement."

– Brian Dietrich, MFT

CONTACT

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INTEGRATIVE MEDICINE EDUCATION



Nature photography by Doris Mitsch (dorisism.com).



“The Institute for Health & Healing is an excellent program and I am proud to have been a part of the team for the past year. I hope to see this type of treatment and care in every hospital some day.”

– C.M., Massage Therapy Intern

Integrative Medicine Education

The Institute for Health & Healing (IHH) at California Pacific Medical Center is considered one the nation's foremost providers of hospital-based integrative medicine. Our Integrative Medicine Education (IME) Program sets the standard for best practices in the clinical training of integrative health professionals.

The IME program is a 500-hour certification program for nurses, massage therapists, psychotherapy interns or trainees, chaplains, and harpists. Our interns work at four CPMC campuses in San Francisco, and see patients at the bedside on a variety of units including Oncology, Surgery, Physical Rehabilitation, Pediatrics, and Transplant.

Our interdisciplinary team provides the following patient care services:

- Guided Imagery & Expressive Arts Therapies
- Healing Harp
- Holistic Nursing
- Massage Therapy
- Spiritual Care (Clinical Pastoral Care Education Program)



Hospital-based Training Session



Expressive Arts Session on Pediatric Unit

What Our Students Learn

Interns begin with discipline-specific training to prepare them to work with hospital patients. Through systematic academic preparation, interns learn current protocols and standard procedures for working with medically-complex patients, within a hospital environment.

The IME program provides a unique opportunity for interns to work as an interdisciplinary team, learning diverse treatment perspectives through shared patient visits and assessments. Interns are supervised by an exceptional integrative medicine clinical faculty. They are guided through hands-on experiences building their skill set, and deepening their journey of self discovery as partners in healing. The IME program is designed to promote career development.

CURRICULUM PHASES

- Discipline Specific Training
- Hospital unit Specialization
- Therapeutic Presence
- Integrative Team Approach
- Assessment and Treatment Planning
- Professional Development
- Personal and Professional Goal Setting
- Self Care Practices
- Action/Reflection Model of Supervision

Who Should Apply

GUIDED IMAGERY & EXPRESSIVE ARTS

Applicants are students or graduates of Master's level programs in Counseling Psychology, Social Work, other related health professions, or licensed psychotherapists. The program meets the CA Board of Behavioral Studies requirements for an internship site.



Guided Imagery Intern in Session

HEALING HARP

Applicants must be proficient enough harpists to play several musical pieces without sheet music. Performance experience recommended.

HOLISTIC NURSING

Applicants must have a current California Registered Nurse License. Healthcare experience in an in-patient setting is recommended. BLS is required by the hospital. CEU credits pending.

MASSAGE THERAPY

Applicants must hold a CACMT or CACMP certification, preferably with a minimum of six months experience as a massage practitioner. Registered nurses or physical therapists will also be considered. The program meets the CE requirements to obtain a CACMT level certification.

ACPE CLINICAL PASTORAL EDUCATION

Applicants must submit a written ACPE application for Clinical Pastoral Education to be considered for the dual program. Selected applicants will receive an admissions interview to assess their ability to participate.