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**Last Call to Register for the SPHC 4th Annual Nursing Symposium Series –
Cardiac Surgery in the 21st Century - Nip/Tuck/Beat!**

The Sutter Pacific Heart Centers is pleased to announce that we will be hosting our 4th annual Nursing Symposium on 2/6/08 at the Cathedral Hill Hotel. Registered Nurses who attend this program will receive 6.9 contact hours of BRN credit and 5.75 hours of ANCC credit. **Attention Radiology Technologists: This continuing education activity has been approved by the American Society of Radiologic Technologists (ASRT) for up to 5.5 Category A Continuing Education Credits.** The topics that will be addressed during this program are listed below.

- Aortic and Mitral Valve Surgery
- Congenital Heart Disease
- Cardiac Transplant
- Post Op Management of the Cardiac Surgical Patient
- Epicardial Pacemaker Wires: Common Problems and Use for Rhythm Diagnosis
- Walking the Fine Line - Case Studies in Interventional/ Cardiac Surgery

For more information about this program and/or to register for this program, please contact Paula Rowbury, Program Supervisor, via telephone at 415 600-5896 or via e-mail at rowburp@sutterhealth.org.

CPMC Heart Month Educational Event for Patients - February 9, 2008

For Heart Month in February CPMC's Heart & Vascular Center is sponsoring an educational event for your patients. On February 9th, from 10 AM-12:30 PM, the event will take place at Cathedral Hill Hotel, 1101 Van Ness Ave. (Corner of Geary Blvd.). Refreshments will be served. *The event & parking are free.*

10:00 – 10:30

Registration

10:30 – 12:30

Choice of speakers:

- “Peripheral Vascular Disease and Women: The Silent Enemy”

Daniel R. Nathanson, M.D.

- “Is Knowing My Cholesterol Level Good Enough? The Role of Advanced Lipid Testing” James Mailhot, M.D.

Choice of health screenings:

- Blood pressure
- Glucose
- Cholesterol

- Body Mass Index (BMI), which assesses the relationship between height & weight

For more information on this Heart Month special event, go to www.cpmc.org/cardiac.

Please Note Corrected Date - February 21, 2008 - 3rd Annual Heart Symposium

The “3rd Annual Heart Symposium: Diastolic Heart Failure,” will be held Thurs, 2/21/08 in the Griffin Room at CPMC's St. Luke's Campus, 3555 Cesar Chavez, San Francisco.

5:00 - 6:00 pm

Reception and Dinner (catering by Yank Sing)

6:00 - 8:30 pm

Educational conference - Topics include:

- “How Can you Have Heart Failure with a Normal Ejection Fraction?”

Edward Kersh, MD, FACC

- “Diagnostic Measures of Congestive Heart Failure and Diastolic Dysfunction”

Andrew Rosenblatt, MD, FACC

- “The Effect of Arrhythmias on Heart Failure”

Richard Hongo, MD, FACC

Course Objectives:

Understand the physiologic basis and clinical course of diastolic congestive heart failure

Identify the appropriate steps in workup of diastolic congestive heart failure

Treat uncomplicated arrhythmias in CHF

Call Christina Szeto at 415-600-2078 to reserve your seat

**Mark Your Calendars – April 10 -11, 2008 - McClelland Visiting Professorship in Cardiovascular
Medicine - A Symposium on Valvular Heart Disease**

The next McClelland Visiting Professorship Program will take place during the dates of April 10-11, 2008.

Our speakers include Dr. Robert Bonow, Goldberg Distinguished Professor, Northwestern University

Feinberg School of Medicine; Chief of the Division of Cardiology, Northwestern Memorial Hospital; Co-

Director, Bluhm Cardiovascular Institute and Dr. Tirone David, Chief of Cardiac Surgery, Toronto General

Hospital; Professor of Surgery, University of Toronto, Ontario, Canada.

Topics to be covered during this event include:

- Aortic Valve Endocarditis and Prophylaxis
- Percutaneous Valve Strategies
- Mitral Valve Pathology and Disease Management
- Aortic Valve Disease Management / Is REPAIR Ready for “Prime Time”?
- **Special Nursing Event** – The Changing Face of the Patient with Valvular Heart Disease
- **Special Evening Event** at the St. Francis Yacht Club - Mitral Regurgitation - Patient Selection and Surgical Management

For more information and/or to register for this program please contact Paula Rowbury, Program Supervisor, via phone at 415 600-5896 or via e-mail at rowburp@sutterhealth.org

Mark Your Calendars - CPMC Atrial Fibrillation Webinar - March 12, 2008

CPMC Electrophysiologists Andrea Natale, MD, Steven Hao, MD, FACC and Richard Hongo, MD will be hosting a webinar on Wednesday, March 12 from 5-7PM. Based on the quality parameters measured in relation to stroke, CPMC identified a lack of early identification of patients with atrial fibrillation --which creates a high risk group for stroke. This web-based seminar will address early detection of atrial fibrillation as well as the importance of initiating early anticoagulation to manage atrial fibrillation and the use of ablation to cure atrial fibrillation which could ultimately eliminate this risk factor for stroke.

The educational objectives of this live, interactive presentation are:

1. Identify patients with atrial fibrillation who are candidates for atrial fibrillation ablation
2. Discuss the benefits, risks and success rate of the procedure
3. Demonstrate the recommended care and follow up of patients who underwent atrial fibrillation ablation
4. Discuss the role of the allied professional in the management of patients pre and post A-Fib Ablation

Look for program information in the mail which will contain complete details and important computer specifications needed to participate. For more information about this event please contact Rob Seide, (415) 600-2606.

**Mark Your Calendars - 10/31/08-11/02/08 - SPHC 2nd Annual Physician Symposium Series:
Current Topics in Cardiovascular Medicine:
Translating State of the Art Diagnosis and Treatment into Clinical Practice**

The Sutter Pacific Heart Centers will be hosting their 3rd Annual Physician Symposium Series during the dates of October 31, 2008 through November 2, 2008 at the Ritz-Carlton Half Moon Bay. Faculty and program content are in development and will be announced in future newsletters. Please contact Paula Rowbury for more information: 415 600-5896 / rowburp@sutterhealth.org.

**CPMC Teams Up with Dartmouth Medical School
Bi-Coastal Partnership Benefits Students, Physicians & Patients**

CPMC and Dartmouth Medical School (DMS) are partnering to train a new generation of physicians. Third- and fourth-year students from DMS will receive hands-on experience at CPMC in a variety of specialties, ranging from psychiatry and neurology to internal medicine. The program will help the students take the lessons they have learned in the classroom during their first two years of medical school, and translate them into real-world skills, such as how to interact with patients, how to conduct physical exams, and how to order and interpret medical tests. "This is a wonderful partnership for both of us," says Warren Browner, M.D., MPH, Vice President Academic Affairs at California Pacific. "It cements CPMC's reputation as a leading teaching hospital."

**Hot off the Press - Original Article by Michael Black, Jill Lev, Anne-Marie Regal & Richard Shaw
Published in *Annals of Thoracic Surgery***

The original article entitled, "Novel approach to right ventricular outflow tract obstruction using a stentless porcine valve" was published in the January issue of *Annals of Thoracic Surgery*. The authors reviewed 21 patients with up to 6 years of follow-up and concluded that the stentless porcine valve was well suited for valve replacement in children, adolescents, and adults with congenital abnormalities of the right ventricular outflow tract, regardless of patient or valve size, and particularly when significant downstream hemodynamic abnormalities were present. To see the complete article, please refer to *Annals of Thoracic Surgery* 2008; 85:195-98.

The purpose of this monthly newsletter is to bring you up to date on the new features, programs and other newsworthy information from the cardiovascular programs at Marin General Hospital, Novato Community Hospital and California Pacific Medical Center (including St. Luke's). We welcome your input and any newsworthy content you may have for this publication.