

Strategic Partners

California Pacific Medical Center

Marin General Hospital

Novato Community Hospital

St. Luke's Hospital

Sutter Medical Center of Santa Rosa

Mills-Peninsula Health Services

Sutter Pacific Heart Centers Staff

Richard Gray, MD
Medical Director

Salwa Beheiry, RN
Director,
Electrophysiology Services

Richard Shaw, PhD
Director, Research,
Quality & Education

Sharon Guynn
Administrative Assistant

Paula Rowbury
Program Supervisor

Jona Calitis
Program Secretary

Questions?? Contact Us:

Phone: 415 600-5896

Fax: 415 600-3706

rowburp@sutterhealth.org

3rd Annual Sutter Pacific Heart Centers Nursing Symposium Gets Very Favorable Marks

On February 27, 2007, the Sutter Pacific Heart Centers held its third annual nursing symposium which provided a comprehensive approach to Managing the Cardiovascular Emergency and Achieving Quality Care in the Midst of a Crisis. Topics covered during this program included

- ❖ Acute Myocardial Infarction: The Amazing Race...Time is Muscle!
- ❖ Think "FAST" for Stroke
- ❖ The Silent Epidemic: Sudden Cardiac Death
- ❖ Acute Aortic Emergencies: Don't Try This at Home

241 attendees registered for this nursing conference, and 13 Vendors supported the program. We gained a total of \$26,800 in vendor support, which surpasses our total support by \$6,200 from last year. The evaluation forms turned in at the end of the symposium gave us very high marks. When asked the question: "How would you rate the overall program?" on a scale of 1 to 5 (with 1 being low and 5 being high):

0 people responded with a score of 1	0 people responded with a score of 2	6 people responded with a score of 3	48 people responded with a score of 4	121 people responded with a score of 5
--------------------------------------	--------------------------------------	--------------------------------------	---------------------------------------	--

Below are some comments that were taken from the evaluation forms:

An enjoyable day of education

This program is very much appreciated

I hope there are more programs to come

Best CVS Emergency class I have attended

Overall Great Program - I would attend again and recommend to all my colleagues

Lost Time is Lost Heart

The Marin Independent Journal recently reported on the new nationwide push to treat ST Elevation MI's (STEMI) by promptly opening up the obstructed coronary arteries with a balloon angioplasty, often along with a stent to keep the artery open. This procedure must be performed as quickly as possible because the longer the artery is closed, the more the heart is irreversibly damaged – lost time is lost heart muscle. The American Heart Association and the American College of Cardiology has set a goal of performing this procedure within 90 minutes of a patient's arrival in the emergency room in order to increase the chances of survival and maintain heart function. A recent New York Times article discussed how difficult this goal is to achieve and how until recently the University of California at San Francisco's average response time was nearly 180 minutes, twice the specified goal.

In contrast, the cardiologist and staff at Marin General Hospital (MGH) embraced the concept of direct balloon angioplasty and short response times over a decade ago and for over 11 years have been performing this procedure around the clock seven days a week with times well under 90 minutes. It took an average of 65 minutes in 2005 and 59 minutes in 2006 to open the culprit vessel of the patient arriving at the MGH emergency room. Although recent publications have noted how the weekend times tend to be longer for this procedure, MGH's weekend times are superb and averaged 66 minutes in 2005 and 48 minutes in 2006. These laudable statistics are in a large part due to the emergency and cath lab staff's commitment.

McClelland Visiting Professorship Program Success

Lloyd W. Gross, MD, Director of the McClelland Visiting Professorship Program in Cardiovascular Medicine is pleased to report highlights of the 8th McClelland Visiting Professorship Program in Cardiovascular Medicine which was held on April 25-27, 2007. The symposium was led by three international authorities on the diagnostic and treatment modalities in Interventional Cardiology. Our visiting lecturers were:

- Donald S. Baim, MD, FACC, FSCAI, Chief Medical and Scientific Officer, Boston Scientific Corp., Clinical Sciences and Medical Affairs
- Dean J. Kereiakes, MD, FACC, Medical Director, The Heart Center of Greater Cincinnati and The Lindner Center at The Christ Hospital; Chairman, Executive Committee, Ohio Heart & Vascular Center, Inc.; Professor of Clinical Medicine, Ohio State University, Cincinnati, Ohio
- William W. O'Neill, MD, FACC, Professor and Executive Dean for Clinical Affairs, University of Miami's Miller School of Medicine

Lectures, case presentations and debates took place at CPMC and MGH over the course of 2 ½ days. The presentations at MGH were transmitted via interactive video teleconferencing to CPMC physicians.

The program also sponsored an all day Interventional Cardiovascular Symposium at the Cathedral Hill Hotel and a Special Evening event at the California Palace of the Legion of Honor. A unique dinner lecture for the nursing staff at Fresca Restaurant was sponsored by the hospital administration at CPMC.

The keynote evening event at the Legion of Honor, included cocktails, dinner, music by the San Francisco Saxophone Quartet, a special tour of the French Jewelry Exhibit and was highlighted by a presentation from two of our Visiting Professors on their perspectives on the future of Interventional Cardiology.

This program was the most successful, thus far, with a record attendance of 220 participants and included a total of 12.75 hours of CME credit.

Congratulations to our Planning Committee: Bruce Brent, MD; Morris Flaum, MD; Richard Francoz, MD; Richard Gray, MD; Lloyd Gross, MD; Jill Ley, RN; Robert Popper, MD; Richard Shaw, PhD; Brian Strunk, MD and our program coordinators: Paula Rowbury and Jona Calitis.

Our next major program will be scheduled for the Spring of 2008.