

# the PROGRAM *in Medicine & Human Values*

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## ✧ The State of the Program ✧

*It is more important to know what sort of person has a disease than to know what sort of disease a person has. -Hippocrates*

### WITH THE INFRASTRUCTURE BUILT, WE STEADFASTLY MOVE FORWARD



#### *the Bioethics Collection*

*In 2006, the Program purchased 290 new monographic titles to help build our special collection in the Health Sciences Library and realize our goal of being a regional resource center. We also subscribed in both print and online to 11 bioethics journals.*



Since the Program's founding in 2004, a great deal of growth has taken place. So much that we've outgrown our space in the Health Sciences Library and need to renovate. As just a modest example, the number of ethics consults performed by our staff has increased three fold in just two years time. Drs. Andereck,



Jonsen, and Bramstedt are all nationally known and lecture all over the country. We have more than doubled our staff, yet the hospital and community still demand more. Now well established as an institutional resource, we begin to build the programs and do the research in our mission. We will bring the focus of care back to the patient.

### *Who's Who*

*In 2006, the Program welcomed two new, very talented, staff members:*

Thomasine Kushner, Ph.D.  
Director of Academic Affairs

Steve Heilig, MPH  
Director of Public Affairs

Katrina Bramstedt, Ph.D.  
Clinical Ethicist (2007)

*Senior Staff:*  
William S. Andereck, MD  
Medical Director

Albert R. Jonsen, Ph.D.  
Senior Ethics Scholar-in-Residence

Wes McGaughey  
Director of Research

Antonio Kruger  
Administrator



*California Pacific  
Medical Center*

A Sutter Health Affiliate



# the International Bioethics Retreat

Each year, the Program sponsors the selective International Bioethics Retreat. The annual event is meant to bring together bioethicists from all over the world to share their research, experiences, and ideas. This includes a program, Bioethics Beyond Borders, that provides travel and tuition scholarships for bioethicists in developing countries. The contribution of issues in developing countries is very valuable. Our Medical Director, Dr. Andereck, and our Academic Affairs Director, Dr. Kushner, both play large roles in the retreat. In 2006, it was held at a chateau in Pellegrue, Dordogne, France.

2007 FOCUS

Ethics Service & Quality Improvement

Research

Education & Outreach



### SF SUMMIT

After a generous grant from the Greenwall Foundation, the Program hosted the San Francisco Summit of Editors of Bioethics Journals. Editors from around the world came with the goal of devising a uniform set of ethical guidelines for scholarly publishing in bioethics journals. The summit was a success and a second summit is planned for 2007 in Manchester, England.

### TALK ETHICS

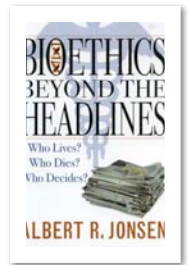
In 2006, we introduced a lecture series entitled, "Talk Ethics." This series of lectures is geared toward educating the



entire hospital staff on all levels of bioethics. From physician involvement in the Abu Ghairb scandal to managing relationships with big pharma. These lectures also offer continuing medical education credits for qualified staff.

### PUBLICATIONS

Last year, Dr. Jonsen released his first book targeted towards the general public, *Bioethics Beyond the Headlines: Who Lives? Who Dies? Who decides?* (Rowmann & Littlefield). He also published 3 articles in scholarly journals on torture, research on children, and bioethical reflections.





## *Clinical Ethics Service*

Just like Cardiology, Hepatology, or Pulmonology, Bioethics is a service within the hospital. Of course, we have long been a service. Dr. Andereck has attended patient care rounds in the Intensive Care Unit to help staff and family deal with ethical problems that arise there. A referral system to request ethics consultation has existed for several years. However, this service has been small scale. Now, with the help of many generous donations, and a grant from the William Randolph Hearst Foundation, we can expand and improve the ethics service. In 2006, we devised a plan to turn bioethics into a full-fledged service in 2007. The service will be available for consultations 24 hours a day (via pager) on all campuses, include teaching rounds, grand rounds, graduate medical education, policy formulation, and organizational and research ethics consultation. We were able to recruit from the Cleveland Clinic, a well-trained bioethicist to serve here as a full-time ethics consultant, Katrina Bramstedt, Ph.D.



### *Research*

- We continue our 10 years of research on Moral Reasoning in Medicine; a project initiated by Dr. Andereck. This project developed a measure for developmental changes in the way doctors reason morally.
- The Intensive Care Unit in any hospital presents major challenges. In it, the most difficult medical problems must be met and difficult ethical decisions must often be made by doctors, patients and families. We have designed a 3 year study to demonstrate how ethics consultation can improve the quality of care in the Intensive Care Unit. It was designed with the help of one of the world's experts on this subject, Dr. Lawrence Schneiderman, emeritus professor of Medicine at UC San Diego, who will also collaborate with Dr. Andereck, Dr. Bramstedt, and Wes McGaughey on this project.

### *Education*

The inauguration of our annual Summer Workshop in Clinical Ethics was a success. Healthcare professionals from all over the Sutter and Catholic Healthcare West families of hospitals attended the two-day workshop to hone their skills in ethical analysis. Faculty included Drs. Jonsen and Andereck, David Magnus, Ph.D., Stanford University Center for bioethics, as well as several private ethics consultants. Beyond the workshop, we offer graduate medical education, coordinated by a former resident, Dr. Lina Ilic of Palo Alto Medical Foundation as well as continuing medical education.

# Mission of the Program in Medicine & Human Values

To serve patients through a broad ethics consulting process that will assist patients, families and practitioners in making difficult and emotion-laden decisions. We will coordinate the medical care delivered to a particular patient with the values and life goals of that patient. The Program will support clinical excellence and benefit all patients who come to our Medical Center, as physicians and staff are trained to treat the patient as a unique individual. The Program will also concern itself with questions that are not yet affecting clinical practice, such as many of the concerns raised by genetic science. Additionally, it will study the ethical implications of complexity and cost of care as they impact patients, including how to provide health care equitably; when is enough, enough; and whether medical care should cater exclusively to those able to pay.



## FUNDRAISING

The Program in Medicine in Human Values provides services free of charge to all patients, staff and faculty. Since we do not bring in any revenue like typical patient services, we are funded entirely by donors and granting institutions, with only small amount of support coming from the hospital. In 2006, the Program raised \$115,592 from private donations and \$230,500 from granting institutions. Last year also saw us meet our initial 2004 goal of raising 2 million dollars. Recognizing our need, the California Pacific Medical Center Foundation made us a funding priority again in 2006 with another goal of 2 million dollars. These funds will ensure the Program's viability for the next eight years or more. It is because of the generosity of our donors that we have been able to help many patients and families, as well as clinicians and community members. With your help, we can ensure that our Program will continue to make a difference in the lives of our friends, family, and patients. To make a gift to the Program, you can contact the CPMC Foundation at the address and phone numbers below.

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