

the PROGRAM in Medicine & Human Values

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✧ The State of the Program ✧

The great thing in the world is not so much where we stand, as in what direction we are moving. -Oliver Wendell Holmes

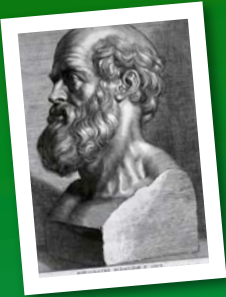
HELPING HEALTH CARE

The Program has just completed its third year, positioning itself uniquely in a community hospital among ethics centers nationally. As trends emerge in biomedicine, the Program, having undergone a torrent of changes in 2007, including the hiring of two new staff members and the establishment of a formal internship, continues to be at the forefront of critical analysis in bioethics. The volume of ethics consultations requested

by CPMC staff increased nearly three fold in 2007, signifying that our growth is in line with the medical center's demand for our services. Additionally, we acquired more office space and are in the planning stages of a new regional resource center to serve all of northern California. In 2008, we will continue to move forward with our research projects, expanding our contributions to the field, and trying to meet the community's demand for bedside ethics consultations.



the Bioethics Collection
In 2007, the Program acquired 91 new titles to help build our special collection in the Health Sciences Library and realize our goal of being a regional resource center. In the future, we hope to add several new journals to our collections as well as powerful research databases.



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Clinical Ethics Service

Cardiology, Hepatology, and Pulmonology are clinical services in our hospital. Clinical Ethics is a service too. Dr. Andereck has attended patient care rounds in the Intensive Care Unit for years to help staff and family deal with ethical problems that arise there. A referral system to request ethics consultation has existed for several years. However, this service has been small scale. After a grant from the William Randolph Hearst Foundation, we have expanded and improved the clinical ethics service. The service is available for consultations 24 hours a day (via pager) on all campuses, include teaching rounds, grand rounds, graduate medical education, policy formulation, and organizational and research ethics consultation. With the addition of Dr. Bramstedt in 2007, we have been able to provide 64% more consultations in 2007 than in 2006.

Research



- We are well under way with 'Proactive Ethics Intervention to Improve ICU Care,' a 3 year study of ethics "intervention" and consultation. This project looks at improving the quality care in the ICU for patients and families as well as physicians and nurses by diffusing ethical conflicts before they manifest.
- Dr. Bramstedt has initiated an exploration of organ tourism, a practice by which patients obtain organs for transplantation by traveling to other countries. Dr. Bramstedt will interview patients and their U.S. physicians in this unique project aimed at helping U.S. transplant physicians formulate their policies.
- Dr. Andereck continues his 11 years of research on Moral Reasoning in Medicine. This project developed an instrument that measures progression in the way doctors reason morally, expanding on research pioneered by Lawrence Kohlberg and Donnie Self.

Training

Our 2nd annual Summer Workshop in Clinical Ethics was a huge success. Healthcare professionals from all over the Sutter and Catholic Healthcare West families of hospitals attended the two-day workshop to hone their skills in ethical analysis. This year, the focus was on cultural competency. Faculty included Drs. Jonsen and Andereck; September Williams, MD, bioethicist and filmmaker, Laguna Honda Hospital; Henry Perkins, MD, University of Texas; John Stone, MD, PhD, Tuskegee University; Ricardo Alvarez, MD, Medical Director, Clinica Esperanza; and Norma del Rio, MSW, San Francisco Department of Public Health.



the International Bioethics Retreat

Each year, our Program sponsors the invitational International Bioethics Retreat. This event brings together bioethicists from all over the world to share their research, experiences, and ideas. Thirty six scholars joined us this year with. This includes a program, Bioethics Beyond Borders, that provides travel and tuition scholarships for bioethicists in developing

countries. The contribution of issues in developing countries is very valuable. Our Medical Director, Dr. Andereck, and our Academic Affairs Director, Dr. Kushner, both play large roles in the retreat. This year, Antonio Kruger also attended. In 2007, it was held at St. Catherine's College, Cambridge University. In 2008, it will be hosted at Sciences Po in Paris.

2008 FOCUS

Ethics & Health
Care Quality

Research

Teaching &
Training



SF SUMMIT

In the Spring, Dr. Tomi Kushner, editor of the Cambridge Quarterly of Healthcare Ethics, held a meeting of major international bioethics journal editors, and developed a much needed set of guidelines governing the publication of scholarly articles in bioethics. They will be published in the participating journals.

TEACHING

In 2007, our faculty gave a total of 30 lectures and grand rounds. We teach CPMC residents and staff, staff at other hospitals nationwide, and give guest lectures at universities around the country. We also co-sponsored a workshop on palliative care with the San Francisco Medical Society, held at UCSF. We are hoping to establish a public lecture series in 2008.



PUBLICATIONS

The Program produced several contributions to the literature in 2007, including a special section in the Cambridge Quarterly of Healthcare Ethics (CQ). Dr. Jonsen's text, *Clinical Ethics*, is now in its sixth edition. Dr. Bramstedt published eight articles in the scholarly literature, Dr. Jonsen published three, and Dr. Andereck published two. Steve Heilig also published numerous articles and book reviews in CQ, San Francisco Medicine, the San Francisco Chronicle and others.

Moving Beyond Medicine

We are pleased with CPMC's new award winning marketing campaign promoting the tag line "Beyond Medicine". The publicity states, "We research the most up-to-date treatments...and practice the most modern innovative medicine available. But we also believe that medicine alone is only part of the solution. That's why we look intently at each individual case and treat the whole person and not just the illness." The Program in Medicine and Human values is proud to have spent the last five years developing the philosophical underpinnings that help make this statement a reality. We have promoted the idea that it is the patient and their health care values that we serve. All the fancy drugs, diagnostic tests and therapies simply effect that goal. They are only means to an end. They do not direct it. At CPMC, we are asking the question, "What does it mean to make someone's life better?"

Fostering this ongoing discussion is the sign of a healthy institution.



HELP SUPPORT US!

Our Program provides services free of charge to all patients, staff and faculty. Since we do not generate revenue like other patient services, we must raise our operating funds through donors and granting institutions. It is because of the generosity of our donors that we have been able to help many patients and families, as well as clinicians and community members. Last year, our donors contributed \$80,160.32 to our operations. With your help, we can ensure that our Program will continue to make a difference in the lives of our friends, family, and patients. To make a gift to the Program, send your gift to the CPMC Foundation at the address below. All contributions are tax deductible. Supporters receive invitations to special events and receive our quarterly newsletter, *Ethical Times*.



Yes! I'd like to help! Please use my generous gift to support the important work of the Program in Medicine & Human Values.

Enclosed is my contribution of: _____\$100 _____\$500 _____\$1000 _____ More; made payable to "CPMC Program in Medicine & Human Values." *Your gift is tax-deductible, and you will receive a receipt.*

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