

FOR THOSE ON INSULIN, please complete all sections that apply:

Who manages your insulin? I do I get help from: _____

Insulin Pumpers

Insulin in pump Humalog Novolog Apidra

Pump type/model:

Clinician will fill out Pump Log

Basal

Lantus Levemir NPH Other _____

I take _____ units at _____ (time of day).

I take _____ units at _____ (time of day).

Mealtime Scale

Humalog Novolog Apidra Regular

I take it _____ minutes before breakfast lunch dinner, according to the scale below:

Blood Glucose		Insulin			
<input type="checkbox"/> Personalized Scale	<input type="checkbox"/> Usual Scale	All meals	For personalized mealtime scales		
			<input type="checkbox"/> breakfast	<input type="checkbox"/> lunch	<input type="checkbox"/> dinner
	Less than 70	No insulin. Recheck 15 min.	No insulin. Recheck 15 min.		
	70-100	_____ units	_____ units	_____ units	_____ units
	101-150	_____ units	_____ units	_____ units	_____ units
	151-200	_____ units	_____ units	_____ units	_____ units
	201-250	_____ units	_____ units	_____ units	_____ units
	251-300	_____ units	_____ units	_____ units	_____ units
	301-350	_____ units	_____ units	_____ units	_____ units
	351-400	_____ units	_____ units	_____ units	_____ units
	More than 400	_____ units	_____ units	_____ units	_____ units

Carb Ratios & Correction Factor

Humalog Novolog Apidra

Insulin to Carb Ratio

1 unit covers a certain amount of carb

(Example: 1:10)

Breakfast _____

Lunch _____

Dinner _____

Correction Factor

When glucose is above target

(Example: 1:50 for glucose above 120)

: for glucose above

Comments: _____
