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California Pacific
Medical Center

A Sutter Health Affiliate

With You. For Life.

Sixth Annual Symposium Series for Nurses & Technologists

Evidence Based Practices in Cardiovascular Disease

A symposium for Registered Nurses,
Technologists and other medical
caregivers who manage patients with
Cardiovascular Disease

**Tuesday, February 23, 2010
6:45 am – 4:15 pm**

**Hotel Kabuki
1625 Post Street
San Francisco, CA
415-922-3200**

California Pacific Medical Center
Attn: Paula Rowbury – CV Services
2330 Clay Street, #106
San Francisco, CA 94115

Course Objectives

Upon completion of this course, participants will be able to:

- Discuss how to incorporate evidence based practice into patient care
- Describe how to recognize and treat acute MI
- List three quality performance measures in the management of acute MI
- Recognize the signs of severe sepsis in cardiac patients and discuss the nursing and medical management of these patients
- Identify two signs or symptoms of advanced heart failure and two medications commonly prescribed to treat it
- Describe three treatment options for advanced heart failure
- List three best practices in the care of stroke patients
- Discuss the treatment options for and urgency of acute stroke
- List three promising areas of on-going cardiovascular research

Venue Parking

City Garage (Japan Center Garage)

1610 Geary Blvd – San Francisco
415-567-4573

Early Bird Special – \$10.00 if you park your vehicle before 10 am and leave the garage by 10 pm. Indoor parking with direct elevator access to Hotel Kabuki. Price is subject to change. Please call garage to verify current parking rates.

Program Sponsors

A complete list of program sponsors will be provided to all course attendees in our program syllabus.

Cancellation Policy

The course fee (less a \$25 processing fee) will be refunded for cancellations received in writing on or prior to February 9, 2010. All refunds will be processed and paid following the course. No refunds will be made for non-attendance by registrants or if cancellations are received after February 9, 2010. All course attendees will receive a full refund in the event that California Pacific Medical Center must cancel this course.

Additional Information

Contact:

Paula Rowbury, Program Supervisor
Phone: 415-600-5896
E-Mail: rowburp@sutterhealth.org

Course Faculty

Ann Bedenk, RN, BSN, CCRN

Stroke Coordinator – Stroke Program
California Pacific Medical Center

Ernest Haeusslein, MD, FACC

Medical Director – Heart Failure & Heart Transplant Services
California Pacific Medical Center

Peter Hui, MD, FACC, FSCAI

Director, Coronary Care Unit
California Pacific Medical Center

Jill Ley, RN, MS, CNS

Clinical Nurse Specialist – Adult & Pediatric Cardiac Surgery
California Pacific Medical Center;
Associate Clinical Professor, UCSF School of Nursing

Martie Mattson, RN, MSN, CNS, CCRN

Critical Care Consultant and Educator
Mattson Consulting

Sheila McDonagh, RN, BSN

Heart Failure/Heart Transplant Coordinator
California Pacific Medical Center

Bryan Ristow, MD

Medical Director – Cardiology Clinical Research
California Pacific Medical Center

Jack Rose, MD

Director, Neurocritical Care – Department of Neurology
California Pacific Medical Center

Bing Tschai, MSN, RN

Quality Coordinator – Outcomes Management Department: Quality Improvement
California Pacific Medical Center

Planning Committee

Jamal Brewster-Blong, RN, BSN

Liz Cong, RN, BSN, MBA

Dan Fazio, CRT, ARRT

Robert Lee, MSN, RN, NEA-BC

Jill Ley, RN, MS, CNS

Barbara Morales, RN, MSN, CNS, CCRN

Bryan Ristow, MD

Richard Shaw, PhD, FACC

Missy Sundblad

Program Supervisor:

Paula Rowbury

Course Syllabus

Please note: In an effort to reduce paper consumption we have elected to “go green” this year so we will NOT be handing out a program syllabus onsite. All registered attendees will be given instructions on how to access PDF files of our faculty presentations via the internet.

Program Agenda

Tuesday, February 23, 2010

- 6:45 - 7:30 am** **Registration & Continental Breakfast**
- 7:30 - 7:45 am** **Welcome Address**
Bryan Ristow, MD
- 7:45 - 8:15 am** **Evidence Based Practice 101**
Jill Ley, RN, MS, CNS
- 8:15 - 9:45 am** **Acute Myocardial Infarction**
~ Evaluation, Treatment and Long-Term Management of AMI – *Peter Hui, MD, FACC, FSCAI*
~ AMI Quality Assurance – *Bing Tschai, MSN, RN*
- 9:45 - 10:00 am** **Break**
- 10:00 - 11:00 am** **Cardiovascular Patients: They Get Septic Too**
Martie Mattson, RN, MSN, CNS, CCRN
- 11:00 am - 12:30 pm** **Beyond Congestive Heart Failure**
~ Guidelines and Implications for Nurses and Technologists – *Sheila McDonagh, RN, BSN*
~ Advanced Therapies for Managing Congestive Heart Failure – *Ernest Haeusslein, MD, FACC*
- 12:30 - 1:30 pm** **Lunch**
- 1:30 - 3:00 pm** **State of the Art Strategies for Managing Cerebral Vascular Disease**
~ Best Practice for Nursing Care of Stroke Patients – *Ann Bedenk, RN, BSN, CCRN*
~ Stroke Care in 2010: A Physician's Perspective – *Jack Rose, MD*
- 3:00 - 3:15 pm** **Break**
- 3:15 - 4:15 pm** **Cardiovascular Research: What's Hot & What's Not**
Bryan Ristow, MD
- 4:15 pm** **Turn in evaluations and receive ce certificates**

Continuing Education

Nurses: Provider approved by the California Board of Registered Nursing, Provider #CEP 1956. Sutter Health is accredited as a provider of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation. This course has been approved for 8.1 contact hours of BRN credit and 6.75 hours of ANCC credit.

Please note: If you are more than 10 minutes late or leave more than 10 minutes early, we will be unable to award you with BRN hours for this course.

Technologists: Approved by the ASRT for Category A continuing education credit.

Registration Form

First Middle Last Degree

Title: RN LVN CRT CVT Other: _____

Telephone Fax

Email (*Confirmation letter will be sent via e-mail*)

Address

City State Zip

License no. (*required for CE credits*)

Hospital Department

Registration fee includes tuition, continental breakfast, lunch and course materials.

To encourage early registration, we are offering a special discounted rate to all attendees who register on or prior to Friday, January 22, 2010.

\$80.00 Sutter Affiliate Employees – Early Registration Fee
(postmarked on or prior to 1/22/10)

\$100.00 Non Sutter Affiliate Employees – Early Registration Fee
(postmarked on or prior to 1/22/10)

\$120.00 Registration Fee (postmarked between 1/23/10 and 2/9/10)

\$160.00 Late Registration Fee (postmarked after 2/9/10)

Registration Deadline: Tuesday, 2/16/10

Payable by:

Check to CPMC

VISA MasterCard American Express Discover

Credit Card No. Expiration Date

Name on Card Security # on Back of Card

Authorized Signature

Mail to: California Pacific Medical Center
Attn: Paula Rowbury – CV Services
2330 Clay Street, #106
San Francisco, CA 94115

Fax to: 415-600-3706

Questions: 415-600-5896

Space is limited and is offered on a first come, first served basis.