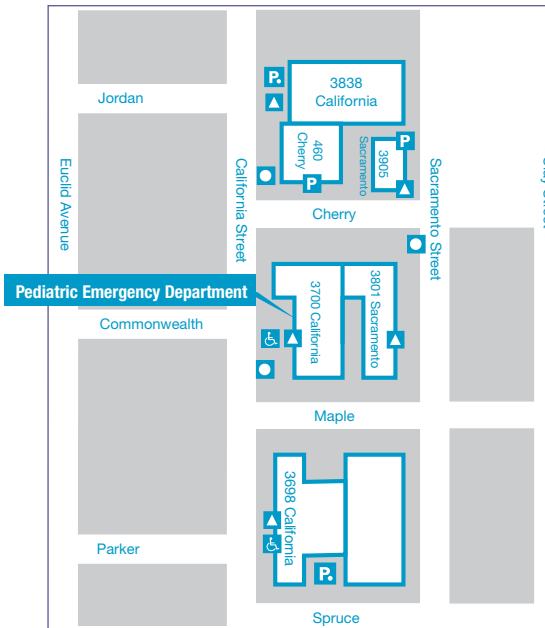


Tips for a Child's Medical Emergency

If an emergency arises, parents can help take the anxiety out of a hospital visit by planning ahead. The following are "top 10" tips for parents and caregivers.

Reminder: For life-threatening emergencies, call 911

1. Choose a "child-friendly" ED with pediatric specialists available 24/7.
2. For non-life threatening emergencies try contacting your own physician first.
3. Go ahead and treat your child with pain relief or wound care before heading to the ER.
4. Stay calm.
5. Prepare your child for what to expect.
6. Try to leave siblings at home.
7. Bring your child's medical history including doctor contact information, vaccinations and medications.
8. Help your child feel comfortable and safe.
9. Ask questions.
10. Follow discharge instructions from the ED and follow-up with your pediatrician if needed.



Map Legend

-  Entrance
-  Disabled Entrance
-  MUNI Stop
-  Parking
-  Disabled Parking

Pediatric Emergency Department
California Pacific Medical Center
3700 California Street (at Cherry)
San Francisco, Calif.
Tel. 415-600-4444

Call 911 for medical emergencies
www.cpmc.org/pediatrics

Medicine can transform a body.
But going beyond medicine can transform a life.

California Pacific Medical Center. Beyond Medicine.



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Pediatric Emergency Department

San Francisco's first Pediatric Emergency Department offers child-sized emergency care



*California Pacific
Medical Center*

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Beyond Medicine.

San Francisco's First Pediatric Emergency Department

San Francisco area parents now have a better option when their child faces a medical emergency.

Instead of a “one size fits all” emergency room, families can receive child-focused care at California Pacific Medical Center’s new Pediatric Emergency Department. Located at our Women & Children’s Center in San Francisco’s Laurel Heights, the Pediatric Emergency Department offers care for children ages birth to 18. Our doctors treat both life-threatening illnesses and other less serious conditions, including:

- Abdominal pain, dehydration, fever, croup, severe vomiting or diarrhea
- Asthma or seizures
- Broken bones, fractures, athletic or head injuries, or lacerations

The Pediatric Emergency Department is recognized as a critical care receiving facility by Emergency Medical Services, meaning we have the physician expertise and equipment to care for critical care patients.

Built with Families in Mind

Designed for children and families, the six private rooms in the Pediatric Emergency Department offer a welcoming atmosphere with child-focused décor. Each room is outfitted with the most advanced, child-sized medical equipment, a DVD player and television. Additionally, the emergency rooms can accommodate family members who provide a valuable source of emotional support.

Most importantly, because our waiting room serves only the Pediatric Emergency Department, children enjoy the company of other children, versus adults with serious medical emergencies. Age-appropriate activities including puzzles, coloring books, comics, and toys are available. Families can also bring a special toy, activity or comfort item.

A Team Specialized in Children's Care

All children receiving care in the Pediatric Emergency Department will see an attending-level doctor trained in pediatrics and emergency medicine. Our team recognizes that a hospital visit can be frightening, and we work with each patient and family to make the experience as comfortable as possible.

PEDIATRIC SUBSPECIALISTS

If needed, our pediatric subspecialists—pediatricians who have expertise and training in areas such as gastroenterology, cardiology, cardiac surgery, endocrinology, pulmonology, and intensive care—are available to provide additional care and consultation.

PEDIATRIC UNIT

Our Pediatric Unit and Pediatric Intensive Care Unit are located in the same building as the Pediatric Emergency Department, providing a seamless transition for children who need further care. In these units, our pediatric hospitalists work in partnership with a child’s pediatrician during a hospitalization. The hospitalists—who are available 24 hours a day—coordinate and oversee all inpatient care including subspecialty appointments, procedures, tests and transport.



Child Life staff at the Pediatric Emergency Department use medical kits, puppets and other toys to prepare children for medical procedures.

“Kid Helpers” Put Families at Ease

Because medical procedures and illness can be challenging for children and families, California Pacific is unique among Bay Area hospitals in that we provide Child Life staff in the Emergency Department. This team, known as our “Kid Helpers,” prepares children for medical procedures and helps explain what they will experience. Some coping techniques our kid helpers use include bubbles, songs, art and puppets. The Child Life team has special training in child development and hospitalization, and provides a developmentally appropriate and honest approach to one’s medical situation.