

UPPER ENDOSCOPY INSTRUCTIONS (UPPER EUS, EGD)

Patient Name: _____

Procedure Scheduled on : _____ at (time): _____

***** Call 415-600-1151 to verify your check-in location and time of arrival *****

Our screening nurse will contact you at least 3-5 days prior to your procedure date. If you have clinical, prescription or procedure questions please call 415-600-1153.

1. Please stop taking Coumadin, Aspirin, or other anti-inflammatory drugs (such as advil, ecotrin, motrin, naprosyn, celebrex, viox, bextra etc.) five (5) days prior to your endoscopic procedure.
2. STOP taking Plavix seven (7) days prior to procedure.
3. If you are diabetic, please notify our office and our nurse will discuss your morning diabetes medication with you. Check your finger stick glucose before leaving home and notify the nurse of the result upon arrival to the endoscopy suite. Bring your blood glucose meter with you.
4. Have no solid food after midnight the night before your procedure.
5. You may have clear liquids until six (6) hours before your procedure, then have nothing at all by mouth.
6. You may take necessary medications with sips of water.
7. **YOU MUST BRING A DRIVER!** We cannot let you leave the GI Lab unaccompanied. Driving, walking or taking public transportation (i.e. bus or cab) alone is not permitted for at least 12 hours, due to drowsiness and delayed reflexes from the IV medication. You should also not conduct any business or sign any legal documents until the next day.

**PRE-REGISTER WITH CALIFORNIA PACIFIC MEDICAL CENTER
FOR YOUR APPOINTMENT BY CALLING 415-600-3676**

Be sure to ask for register for a Procedure Only